Welcome!

Dear Family Camper,

Welcome to Camp Alleghany! We are thrilled you are joining us this summer. Enclosed you will find some basic guidelines, general information, Alleghany rules, and activities offered during your stay. <u>Please read through this</u> <u>even if you are a veteran Family Camper— some things have changed!</u>

We know it is going to be a great week on the Greenbrier. Together with our team of staff members, we are working hard to make sure your stay is as smooth, fun, relaxing, comfortable, or action-packed as you want it to be. Should you have any questions or concerns during your stay, please find a Family Camp staff member. They will be wearing Family Camp Staff T-shirts on the three arrival days, and they are here for you and want to help! We thank you for choosing to vacation with us, and we truly hope you enjoy your stay.

Sincerely,

Courtney Clawson and Landon Russell Head of Family Camp

Elizabeth Shreckhise

Director of Camp Alleghany

2024 Special Events and Evening Activities

All activities subject to change due to weather, participation, or staff discretion.

<u>Sunday, August 4</u>

Monday, August 5

Tuesday, August 6

Wednesday, August 7

Thursday, August 8

Friday, August 9

Saturday, August 10

Section 1: Schedules

ARRIVAL AND DEPARTURE

• Arrivals: Arrival days are Sunday, Wednesday, and Thursday. We are not able to make

exceptions to this. All arrivals will take place in the afternoon of your arrival day. **Sunday August 4th your arrival time is between 1:00 p.m. and 4:30 p.m.** All other Arrival days (Wednesday, and Thursday) will be between 2:00 p.m. and 4:30 p.m. You will receive an email with a link to sign up for your arrival time.

****** Please make every arrangement to arrive at the time for which you sign up. Due to check-in procedures required by the state, we have a systematic approach to arrivals, and the success of this will be entirely dependent upon your timely arrival. Additionally, we arrange our staff and schedule to welcome you during these hours only. If you cannot arrive during these hours, please call the camp office so that we can look into making special arrangements.

- Arrival Night Q&A: A staff member will be available after dinner on Arrival Days for any questions you may have as you start your vacation.
- Luggage Management: Families are responsible for unloading their own vehicles in the parking lot and loading their luggage into one of Camp Alleghany's luggage trucks. The trucks will take the luggage across via barge and drive to the family's assigned tent or cabin, and families will unload their own luggage from the trucks.
- If you are bringing **personal weapons** (shotguns, rifles, bows/arrows, ammunition, etc.), please see the Rifle and Archery sections under Camp Activities (page 4).
- Upon arrival, please LEAVE ALL FURNITURE AND MATTRESSES IN YOUR TENT, even if you don't need them. The tents are specifically furnished and prepared for each family. Plan ahead—if you feel you will need extra support for your bed, bring an egg crate or air mattress from home.
- **Departures:** Departure days are Wednesday, Thursday, and Sunday. We are not able to make exceptions to this. All departures will take place on the morning of your departure day, between 9 am and 11am (you will sign up for your departure time slot). Again, families will be responsible for loading their own luggage on and off of the truck.
- Any **personal weapons** must be checked out from the Rifle/Archery Range and (i) transported in a camp vehicle or (ii) carried by you with a Family Camp staff escort, for safety purposes.

BELLS AND BUGLES

• Reveille: The first bugle heard in the morning at 7:45 AM to wake the camp up.

• Meal bell: Signals meal time for campers.

• Evening Activity bugle: The bugle around 7:30 PM evening signaling time for the

night's activity.

• Taps: 10:00 PM., quiet on tent row please.

DAILY SCHEDULES

A Typical Day at Alleghany Family Camp

Pre-Reveille: If you wish, you may exercise and/or shower before 7:30am, however PLEASE be respectful of those who are still sleeping! Do not talk or run through tent row, and be mindful of how loud walking on gravel is.

7:30 a.m. Coffee on the Dining Hall porch for early risers
7:45 a.m. Reveille
8:00 - 9:15 a.m. Breakfast
9:15 a.m. - 1:00 p.m. Store Open
10:00 a.m. - 12:00 p.m. Morning Activities Open
12:30 - 1:30 p.m. Lunch
1:30 - 2:30 p.m. Rest Hour (quiet on tent row—please be considerate of your neighbors! No activity or river use.)
3:00 - 5:00 p.m. Afternoon Activities Open
6:15 - 7:15 p.m. Dinner
7:30 p.m. Optional Evening Activity
10:00 p.m. Taps (quiet on tent row—please be considerate of your neighbors!)



Section 2: Activities

DAILY ACTIVITIES

• Sign-up: Please refer to the activity table on the Dining Hall porch to sign up for specific daily

activities. Upon registering for Family Camp, you indicated whether or not you were interested in participating in Archery or using our shooting range. We will schedule your family for these times and notify you upon arrival of your scheduled time for these activities.

• Archery

- $\circ~$ Time slots will be scheduled for families between 9:00 a.m. and 12:00 p.m., and 3:00 5:00 p.m.
- All children under age 12 must be accompanied by an adult
- **Personal archery equipment:** See the note regarding personal firearms above for the policy on this equipment. All personal archery equipment must be stored in the Archery Hut.

• Rifle Range

- Time slots will be scheduled for families between 9:00 a.m. and 12:00 p.m., and 3:00
 5:00 p.m for both the Upper and Lower Ranges.
- All children (under 12 for the shooting range) must be accompanied by an adult
- \circ NO ALCOHOL consumption prior to coming to the range—NO EXCEPTIONS! \circ

<u>Personal firearms</u>: Family Camp participants who would like to participate in trap shooting, will need to bring all their own equipment including clays to use at the range. Alleghany will have a staff member who will be your "trapper". All guns and ammunition **must be stored at the Rifle Range under lock and key** and will never be on tent row or any other part of Camp Alleghany's property. Therefore, **upon arrival all guns must be labeled clearly with Last Name and presented to camp staff** to be taken immediately to the Rifle Range and locked in the hut. If you choose to bring any of this equipment, you will check it in with a staff member in the parking lot upon arrival to Alleghany, and you will receive it again in the parking lot at the time of your departure. You will also sign a waiver stating that you have additional shooting equipment at camp.

o Firearms allowed during Family Camp: Shotguns and Rifles

• For personal firearms, you will also need to bring your own ammunition, targets, eye/ear protection, and any other equipment needed.

Note: if circumstances change and you have signed up for an activity but are unable to participate, please notify a staff member.

• Arts & Crafts

- Open from 10:00 a.m. 12:00 p.m. and 3:00 5:00 p.m.
- Children ages 9 and under must be accompanied by an adult

• Tennis

- Open all day except during Rest Hour.
- \circ Only shoes with rubber soles may be used on the courts.

• Swimming

• The river is open at the Swim and Canoe docks from 2:45 –5:45 p.m.

• All children ages 12 and under must be accompanied by an adult.

• **One representative from each family must watch a brief Waterfront Orientation** video prior to arrival and prior to using the water facilities, during which we ask that you indicate if any of your family members are less experienced or weak swimmers.

 $\circ~$ All families must use the Buddy Board to indicate when anyone in the family is in the water.

• As an ACA-accredited camp, we staff our swim area with a certified lifeguard during designated swim times. If you choose to go in the river when a lifeguard is not on duty, you must wear a life jacket, per our ACA standards. Please help us abide by our accreditation standards by following these important rules.

• Use of alcohol in the water is dangerous and poses an extreme risk for drowning. If a staff member feels that your safety is at risk, we reserve the right to require that you get out of the river.

• Canoeing

○ Open from 10:00 a.m. – 12:00 p.m. and 2:45 – 5:45 p.m.

 $\circ~$ Supervised by Family Camp staff and staffed by a lifeguard during these designated times.

• Per our ACA standards, it is mandatory that all persons in a watercraft wear a life jacket at all times. Please help us abide by our accreditation standards by adhering to this.

- $\circ~$ Canoes are to be returned to their proper locations after use.
- Children ages 12 and under must be accompanied by an adult.

• Hiking/Birding/Creeking

• Guided adventures will be announced daily at meals. A Trail Map will be provided for trails on camp property.

SPECIAL ACTIVITIES OFFERED THROUGHOUT THE WEEK (not always daily)

• Low Ropes Course

• A trained ropes course leader will be excited to take groups of about 15 out to our low ropes course (must be age 10, accompanied by a parent if under 13). Sessions will last approximately 90 minutes.

• Bouldering

 Try your hands (and feet) at our bouldering wall! Come out to test your balance and strength as you climb and traverse on Camp's new bouldering wall located near the Ropes Course. Crash pads are provided for protection and staff will be available to spot and teach proper spotting techniques. All ages are welcome (accompanied by a parent if under 13).

• Caving Trips

• Trip staff will lead 2-3 caving trips during Family Camp, limited to 14 people or fewer (must be age 13 or older to attend). The cave is off Camp Alleghany property,

about a 25 minute drive. Caving trips take approximately 3 hours from camp's parking lot, back to camp (about an hour in the cave itself, plus a short walk to the cave's entrance and a brief safety talk).

SELF-DIRECTED ACTIVITIES

• *Walking/Jogging:* Greenbrier River Trail adjacent to Camp parking lot. (Originally a part of the Chesapeake & Ohio Railroad!)

• Fishing

- You are welcome to fish in the Greenbrier River at your leisure, providing you obtain your own fishing license.
- $\circ~$ If you would like to use a boat, please fish from the canoes and not from the rowboats

• Golf

- Oakhurst Links, White Sulphur Springs (304 536-1884)
- Lewisburg Elks Country Club (304 645-3660)

Section 3: Alleghany's Rules, Traditions, Policies

CAMP BOUNDARIES

Please refer to the map of camp hanging at the Dining Hall if you are not familiar with Camp

Alleghany's grounds. • Campers must stay on tent row if not at meals or activities

• Campers must not go across the land-bridge to the Swim Docks/Archery area, must not pass the

Canoe Hut at the canoeing area, must not pass the field next to the Play Hall, and must not pass the Store area, unless with a counselor or parent for a designated activity

- The areas that are strictly off limits to children without supervision are: the river, the boat docks,
 - the Green Team cabin, the shop area behind the Cottage, the swimming and canoeing areas, the Counselors' Lodge, the Play Hall, and the Rifle and Archery Ranges when activities are not taking place
- As an adult in camp, we ask that you help keep our campers safe by enforcing these rules or notifying a staff member if you see a camper/child in one of these areas when not allowed

AGE RULES

• All children ages 12 and under must be accompanied by an adult to activities, unless

otherwise stated. • For Arts & Crafts, all children 9 and under must be accompanied by an adult.

CLOTHING RULES

- Please wear shoes at all times! No bare feet are allowed at Camp Alleghany.
- Shirts must be worn to meals and activities except for waterfront activities.

WATERFRONT

- The Waterfront refers to the three docks on camp's riverside bank:
 - The barge/boat dock is where people enter and exit camp
 - The Canoe Docks are where canoeing activity takes place
 - The Swim Docks are where swimming activity takes place
- One representative from each family must watch a brief Waterfront Orientation with a Family Camp staff member prior to using the water facilities, during which we ask that you indicate if any of your family members are less experienced or weak swimmers.
- All families must use the Buddy Board to indicate when anyone in the family is in the water.

• Use of alcohol in the water is dangerous and poses an extreme risk for drowning. If the Family Camp lifeguards or other staff members feel that your safety is at risk, we reserve the right to ask you to get out of the river.

MEALS

- Before you leave the table, please check under the table for any trash that may have fallen while you were eating
- Appropriate table manners are expected when eating.
- Announcements
 - During Family Camp, important announcements will be listed on the white board outside the Dining Hall, so please read that while waiting in line.

ADDITIONAL SAFETY CONSIDERATIONS

- *Lanterns:* Alleghany has kerosine lanterns on tent row. They should <u>only</u> be handled by staff members. Under no circumstance should a lantern ever be inside a tent.
- *Tents:* Please respect our tents. Do not write on them or handle them inappropriately. If a repair is needed in your tent, please speak to a Family Camp staff member.

• *Weapons:* See the Personal Firearms and Personal Archery Equipment sections under Camp Activities (page 4) for safety relating to this equipment. All other weapons not used for sport/programming purposes are prohibited during your stay at Camp Alleghany.

• *Free Time and Your Safety:* Please enjoy Camp Alleghany's grounds, facilities, and nature while you are on vacation here. You are welcome to take a hike, read, go on a run, walk around camp, walk the Greenbrier River Trail, and simply enjoy what camp has to offer. If you choose to leave the main grounds area, we ask that you please simply let someone know where you are headed for safety and accountability reasons. Also please respect the Alleghany boundaries and supervise your children for safety reasons.

- *Your Children:* Remember that you are responsible for your children at all times! The Family Camp staff has been hired to ensure you have a positive experience, but are not responsible for your children.
- *Appropriate Behavior:* Camp Alleghany reserves the right to dismiss, without refund, any family camper whose behavior is inappropriate in our camp community.
- *Camp Alleghany's Terrain:* Camp covers a large area that can be hilly and sometimes unstable. Families assume all risks, and if you find you have any health-related issues to getting to Dining Hall or other areas in camp, please speak to a family camp staff member.
- Campfires: We have several campfire pits throughout Alleghany. If you have never built

a fire before or are inexperienced in this area, we ask that you please consult with a Family Camp staff member before building a fire, for the safety of others. If you are experienced in fire building, please follow the appropriate safety practices and procedures:

- An adult must be present at all lit fires
- Use a well-cleared fire ring with rocks on the outside (please do not create your own fire pit)
- Never leave a fire unattended
- o Do not build and/or light a fire with excessive wind present
- Fully extinguish your fire before leaving
- Do not touch anything that is red or smoking when putting out the fire
- Watch out for steam when extinguishing the fire

• Illegal Drugs: Use or possession of illegal drugs (including improper use of prescription

drugs) is not acceptable in the camp setting. Camp Alleghany reserves the right to dismiss you and your family should you be in possession of or using illicit drugs on Camp Alleghany's property. • *Smoking:* Limited to the barge area and Junior deck during the day time, and at night to those areas plus within 10 feet of any campfire site.

• *Medical Facilities/Safety Standards:* Camp operates with the highest safety standards, however it does not assume liability for sickness, disease, or accidents. During Family Camp there is a nurse available for *minor* incidents, and anything else will be handled off site. The Greenbrier Valley

The medical center and an urgent care center are approximately 15 minutes away. Camp Alleghany does not provide medical transportation in an emergency.

• Medications: If you bring medications to camp, they must remain locked at all times, per

required ACA standard. You may bring your own locked box/bag, or you may use one of Camp Alleghany's lockers and padlocks located in the cabins adjacent to each tent row area. You are responsible for administering them yourself, and for keeping them secure. Camp Alleghany assumes no liability or responsibility for your medications, and we will ask you to lock them if a staff member becomes aware that they are not locked.



Section 4: General/Misc. Information

- Camp Store
 - *Hours:* The store is open every day from 9:15 a.m. to 12:45 p.m. and other special times. Please refer to the white board on the Dining Hall porch
 - *Items for Purchase:* Camp Alleghany clothing such as navy or white shorts, tee-shirts, sweatshirts, sweatshirts, and long-sleeved tee-shirts may be purchased. Basic necessities such as batteries, toothpaste, sanitary supplies, etc as well as stamps are also sold in the camp store.
- *Daily Information:* For daily news, weather, and activities, please check the message board on the Dining Hall porch.
- *Rest Hour:* Please be sure to pack **Rest Hour** activities for your children (and yourselves!) All campers must be quiet and clear of the common areas of camp (tennis courts, playground, river) from 1:30-2:30 PM daily. Please whisper in your tents if you must talk.
- *Food in Tents:* We do not want to see visiting **skunks** on tent-row! We encourage family campers to bring a plastic container/tub with a lid in which to store all your food items.

- *Ice for Coolers:* The IceMan will make a daily run through camp during the morning hours, so put your coolers on the sidewalk when the announcement is made. The IceMan will not enter your tent, so it must be out front in order to get filled.
- *Laundry:* There is a washer and dryer located on the right side of the Snack Shack. Please sign up before use and observe the schedule.
- *Phone Use:* You may use your cell phone for calls while at camp, but we ask that you please do this in the privacy of your living quarters and do not disturb others with your phone conversations.
 - Rifle or Archery Ranges: For safety, cell phone use is not permitted.
 - Dining Hall: Please help us preserve a collegial and relaxing eating environment by refraining from making calls, texting, sending emails, etc. while in the Dining Hall. If you must make/receive a phone call, we ask that you step out onto the porch.
 - Please be respectful of those around you who are trying to enjoy a relaxing vacation!
 - You are welcome to charge your devices at the following locations, but please know outlets are limited and will need to be shared:
 - Hen House porch
 - Play Hall
 - Hickory Hut porch
- *Going into Town/Across the River:* We will have barges* in/out of camp at the following times during your stay (Row Boats are off limits to Family Campers; we no longer Tag Boats):
 - o 10:00 a.m.
 - o 12:00 p.m.
 - $\circ \ \ 3:00 \ p.m.$
 - o 5:00 p.m.
 - o 9:00 p.m.
- *Note: The river is closed when there is thunder and lightning. Additionally, if the river rises, the Directors reserve the right to ask you to stay in camp.
 - In addition to the barge times, the river is open from 9:00 am to 1:00 pm each day, and then again from 3:00 pm to 6:00 pm for camp deliveries, etc.. During these times both a lifeguard and an Alleghany staff member will be on duty to assist you. Please do not attempt to row a boat by yourself during this time, the barge is completely off-limits to anyone who is not a staff member. Canoes may <u>not</u> be used to go across the river

*Note: The river is closed when there is thunder and lightning. Additionally, if the river rises, the Directors reserve the right to ask you to stay in camp.

• *Alcohol:* Alcohol is permitted at Camp Alleghany during Family Camp, and guests age 21 or older are permitted to consume alcoholic beverages. Guests are welcome to bring alcohol in a cooler, or purchase alcohol in town during your stay. Alcohol is a presence during Family Camp, yet not all guests choose to partake in it. If a Family Camp staff member feels a guest's safety is at risk due to inebriation, he or she reserves the right to obtain help, and Camp Alleghany reserves the right to ask the guest to leave early without prorated refund. If as a guest you are concerned about the safety of an inebriated guest or feel uncomfortable, please speak to a Family Camp staff member.

Section 5: People and Places at Alleghany

ALLEGHANY'S FACILITIES

TENTS: Alleghany houses 70 tents, 35 in Junior Camp and 35 in Senior Camp. Each tent has a raised, wooden platform floor with canvas ceilings and walls. An extra tarp rests on top to keep the campers dry in the rain and cool in the sun. The tents hold five beds, one table (called a washstand), and two hanging shelves for storage. Each tent also has its own clothesline in the back. Five people fit comfortably in one tent.

COUNSELORS' LODGE: The Counselors' Lodge is the first building that a person encounters upon entering camp. The building has two large rooms, used mainly during Term Camp. This building is closed during Family Camp.

COWBELL ALLEY: Next to the Counselors' Lodge is Cowbell Alley, a row of rooms where families and/or camp staff sometimes reside.

APPLE TREE: The pair of trees located in the middle of the field between the Counselors' Lodge and Unit 1 of Senior Camp. Adjacent to the trees is our traditional Campfire site. We sometimes meet in this field area that we call "under the apple tree" for daily or Evening Activities, other gatherings, or even a picnic meal.

INFIRMARY: Across the road from Cowbell Alley is the building, which houses our medical staff and rooms for sick call.

OFFICE/STORE/POST OFFICE: Next to the Infirmary is a large structure that houses the office building, the camp Store, and camp's Post Office. Clothing and basic necessities are available for purchase twice a day during Family Retreats. The Store also sells stamps.

THE COTTAGE: Down the road from the Store is a set of stairs, at the top of which is an old farm house called the Cottage. This building serves as the directors' living quarters through the summer.

DINING HALL: Directly across from the Cottage is the Dining Hall, one of the original camp buildings. It has a modern kitchen where the meals are prepared, and two separate dining rooms, one upstairs and one downstairs. The upstairs dining room is typically not in use during Family Camp. Leading up to the Dining Hall is a path called the Goat Path that begins at the Play Hall.

TENNIS HUT/TENNIS COURTS: At the bottom of the stairs sits our Tennis Hut, which houses racquets, balls, and equipment for the Tennis department. Just across the road are the 6 tennis courts.

SENIOR CAMP: The tennis courts are surrounded by Senior Camp, 4 rows of tents that house families during Family Camp.

THE BUNK HOUSE: Located between Senior Camp tents #18 and #19 is the Bunk House, a cabin typically used as a Family Camp Staff office.

THE HEN HOUSE: Located directly across from the Bunk House is our Hen House. It has 3 rooms and houses Camp Staff.

DRY ROOM: Next to the Infirmary is a structure we call the Dry Room. One part is a place to hang nicer clothing, and the other side is the Mini Camp storage room.

SNACK SHACK: Next to the Dry Room is the Snack Shack. The Snack Shack is a meeting place for daily snack during Term Camp. The right side of the building houses a washer and dryer accessible to Family Campers.

WILD WORLD/ROPES HUT: Just up the road from the showers is the Wild World hut. This cabin is a meeting place for Wild World activities, and also stores Wild World and Ropes equipment. This hut is not typically in use during Family Camp.

PAVILION: Located next the Bath House on the Senior side is a large greenhouse structure used as a rainy day space. Also located in this area are two Gaga Pits, a tetherball game, basketball hoops, a volleyball net, and a bin of game balls.

RESTROOMS/SHOWERS: Located between Junior and Senior Camp is a large building that houses both the showers and the rest rooms. The Junior side is the Men's and the Senior side is the Women's.

PLAY HALL: The Play Hall is located along the road between Senior and Junior Camps, and overlooks much of the camp. It is a large assembly room with rows of chairs, benches, a fireplace, and a stage at one end. It is spacious enough to hold all of camp and is a great place for rainy day activities (adult supervision is required when children are present).

SPORTS & FITNESS HUT AND FIELD: The field behind the Play Hall is designated for the Sports & Fitness department. A cabin at the end of the field houses all the equipment for this department. This hut is not in use during Family Camp, but we encourage the use of the field for activities!

JUNIOR CAMP: Just down the road from the Play Hall is Junior Camp, 4 rows of tents that house families, as well as a playground area.

HICKORY HUT: Located at the corner of Junior Camp nearest to the blacktop is the Hickory Hut, typically used as Family Camp staff office space. This building also houses small lockers with padlocks for medication storage.

DORCH: A combination of a deck and a porch next to the Hickory Hut, used as a meeting space or a place to enjoy the view of the river.

CANOEING HUT: This building is located at the end of Unit 2 in Junior Camp on the river side. It is the storage building for the canoeing equipment. Just down the rock stairway is the canoe dock. The canoes are stored on either side of this walkway.

ARCHERY HUT: Located just beyond Junior Camp is the Archery Hut. All equipment for the Archery department is kept here.

SWIMMING: Adjacent to the Archery Hut are the Swim Hut and river access to the Swim Docks. Swimming activities take place at the swim docks on the Greenbrier River.

PURPLE PALACE: Next to the Swim Hut is a building that serves as the counselor lodge for the Junior Counselors ("JCs") during Term Camp. What is inside remains a secret to campers until they are initiated as JCs, so PLEASE keep its contents a surprise to your children and do not let them in. We respectfully request that you not enter the Purple Palace unless you are an alumna of Alleghany or you are with an alumna.

ROPES COURSE: Beyond the Purple Palace down a wooded path are the 12 elements that make up the Low Ropes Course.

BRUNSWICK: At the end of the wooded path is a campfire site and 2 tee-pees. This is a popular site for cookouts and overnights. There is also access to the river at this site.

ARTS & CRAFTS LODGE: Located just beyond the Play Hall on the back hill is the Arts & Crafts Lodge. The building has a large room for craft-making: sewing, bead work, woodworking, and painting. Behind the building is a spacious porch used for pottery making.

LIT LODGE: Just past the Arts & Crafts Lodge is a building for the Leaders-In-Training (Term Camp Only) to use for work as well as leisure.

RIFLE RANGE: Just up the hill from the Arts & Crafts Lodge is the Rifle Range. There are 16 firing points on the lower range, each with a target rack on a rope pulley so that targets can be reeled in and out.

RIFLE HUT: Located up the hill from the Counselors' Lodge is the home of the Rifle Range. All firearms, ammunition, and other equipment are stored and locked in the Rifle Hut building when not in use. There are 12 firing points on the lower range, each with a target rack on a rope pulley so that the targets can be reeled in and out.

THE COOP: Behind the Rifle Hut is a two-room cabin with a bathroom in the middle set up as living quarters for administrative staff, and a large deck for rainy day camper use.

UNCLE BILL'S CABIN: Across the road from the Coop is a 4-bedroom, 2-bathroom cabin for support staff.

ALLEGHANY'S FACES

Directors: Camp Alleghany is a family-owned and operated business and has been for three generations. Elizabeth Shreckhise serves as director along with program director Stephanie Astley. Our director and program director are supported by a phenomenal administrative team. Together, with their staff and counselors, these leaders effectively operate, maintain, and organize all of the functions of Camp Alleghany.

Family Camp Staff: The Family Camp staff members are alumni of Alleghany or attended Family Camp for so many years that they learned the ropes! They are excited to spend the week at camp with their main goal being to help you have the best vacation possible at Alleghany. Don't hesitate to ask them for help when you need it! There are staff tents located in both Senior and Junior Camps. Be sure to look for the hard-but-cheery workers wearing their Family Camp Staff shirts.

Counselors: Some of our staff are Alleghany counselors who have stayed on for Family Camp after working the summer at Camp Alleghany for Girls. They have been at camp for 8 weeks already and are so excited for the change of pace at Family Camp. They have lots of energy and ideas, and they can't wait to help you when you need it!

The Green Team is the maintenance staff at camp. These gentlemen wash the dishes, mow the lawn, take out the trash, row the boats and pole the barge across the river, and help with general maintenance and repairs around camp.

Kitchen Staff: Our experienced kitchen staff works tirelessly each day to provide wholesome and filling meals to keep both counselors and campers energized and satisfied!

This coupon entitles the bearer to \$3.00 off any item at the Camp Alleghany Store!

> Good for use at Family Camp 2024 only.

*Family Camp Handbook Waiver 2024

To be filled out and turned in during your Arrival Check In

Last Name: ______ Name of family representative: ______

Arrival Date: _____ Departure Date: _____

I have read the Family Camp Handbook and understand the rules and policies put in place by Camp Alleghany. My signature affirms that all of my family members will abide by these rules and policies during our stay at Alleghany. I understand that Camp Alleghany will not be responsible for any accident, injury, damage to person or property, or other unfortunate event occurring as a result of my family's failure to abide by Camp Alleghany's and the American Camp Association's policies and standards.

(signature)

_(printed name) (date)