

Camp Alleghany's 2022 COVID-Action Plan

As we continue to navigate the path through (and hopefully beyond) the COVID-19 pandemic, we remain committed to providing an authentic Camp Alleghany experience that is as normal as possible, while also as safe as possible. We realize that it will likely be necessary to customize our practices and protocols if things change in the next two months, so we thank you in advance for your patience and flexibility.

The following is our COVID-19 Action Plan as of April 27. This is where you will consistently find our Plan for this season. We will make regular updates to this page when or if needed and we'll email parents when any change are made.

After [a completely Covid-free summer in 2021](#), we're confident that we can and will do it again. Please know that we are eager to safely and warmly welcome your camper to Alleghany this summer!

That said, our best chance of success is to have a solid plan in place, and **that begins with prevention.**

Prevention

After almost two years of living with this pandemic, we know that the two most helpful COVID-19 mitigation strategies at Camp Alleghany have included:

- Keeping COVID-19 Out of Camp
- Spending as much time as possible outdoors

Keeping COVID-19 Out of Camp

While we certainly can't provide a 100% guarantee that COVID-19 won't be present at Camp Alleghany, our efforts to help keep COVID-19 from coming to Camp Alleghany include:

Requiring all Camp Alleghany campers and staff to obtain a PCR test 3 days (72 hours) prior to arrival at camp. For Mini Camp, 1st Term, and 2nd Term, this is the Thursday before your session's Opening Day/arrival at camp. For Mother-Daughter Weekend, this will be Tuesday, June 14. For Staff Training and Family Camp, this will be 3 days before the day you arrive at Camp. Mark your calendars!

Requiring all Camp Alleghany campers and staff to take a rapid test on Opening Day. You'll purchase your own rapid test and take it at home or in the car, and show us the negative test, or a photo of it. All families must sign a waiver stating the test was performed that day by that specific camper.

Requiring any family members who wish to come into camp on Opening Day to also take a rapid test (same details as above). If you stay in the parking lot and simply drop your camper, this is not required.

Requiring all Camp Alleghany campers and staff to notify camp if they've ever had a positive case of COVID-19, especially within 90 days of your Opening Day/arrival at camp.

Requiring all Camp Alleghany campers and staff to notify camp if they've been knowingly exposed to COVID-19 in the two weeks prior to your Opening Day/arrival at camp.

Additionally we ask, for the success of your camper's — and everyone's — summer, that all Camp Alleghany campers and staff take conscious measures to be “COVID careful” in the days and weeks leading up to your Opening Day/arrival at camp.

We encourage all campers and staff to be vaccinated (though this is not required).

We encourage all campers and families to notify camp and to stay home if they're experiencing any of the following symptoms not explained by a known or diagnosed medical condition:

One of the following

- Fever of 100.4 degrees or above
- Shortness of breath
- New cough
- Loss of taste or smell

Or two of the following

- Diarrhea/Vomiting/Nausea
- Body Aches
- Headache
- Sore throat
- Extreme Tiredness/Fatigue
- Chills
- Congestion or Runny Nose

Camp Alleghany and the Outdoors

The majority of our programming and [Activities](#) are outside at Alleghany. We're extremely fortunate to have over 90 acres of cleared outdoor space to live and play in, and enjoy time outdoors in a beautiful natural environment. In addition, our two largest gathering spaces at Camp Alleghany, the Dining Hall and the Play Hall, each have fully screened or open windows on three sides, providing abundant ventilation and cross-breezes.

Testing

Again, all campers and staff will be required to take a PCR test 72 hours prior to Opening Day, and show proof of negative test. All campers will also take a rapid test on Opening Day and show the negative test or a photo of it upon arrival. Families will provide their own rapid tests this summer.

We will accept the [Lucira](#) rapid PCR test as the camper's PCR test, but it still must be performed 3 days prior to Opening Day.

If a camper or family member has tested positive for COVID-19 within 90 days of Opening Day, that camper/family member is exempt from any further testing, unless they're experiencing symptoms. Proof of a positive test must be sent to the Office prior to Opening Day to be exempt from testing.

We are asking you to bring a hard copy of your negative PCR test to camp on Opening Day, rather than sending it in ahead of time. This will streamline our process in the Office.

All campers will also be required to take their own rapid/antigen test on Opening Day and bring the test showing negative results to camp with you. You will also need to print and sign the [COVID Test Signed Statement](#) affirming the test was taken by that camper on that exact day.

Please watch [this video](#) on how to present your COVID test results on Opening Day.

We also ask that all campers bring an unopened 2-pack of rapid tests with them to camp, labeled with their name on it, to be stored in the Infirmary and only used on that camper if needed. The unused tests can be picked up on Closing Day.

Positive Test

If your camper's PCR test taken 3 days prior to Opening Day is positive, she will not be able to come to camp on Opening Day.

- Mother-Daughter Weekend participants and Mini Campers will not be able to attend Alleghany this summer. Tuition may be rolled over to next summer (no refunds will be given).
- Term Campers may come 7 days later, the following Sunday, and experience 2 weeks of Term Camp, as long as they do not have symptoms. Prorated tuition may be rolled over to next summer (no refunds will be given).

If your camper's Opening Day rapid test is positive, she will not be able to come to camp on Opening Day.

- Mother-Daughter Weekend participants and Mini Campers will not be able to attend Alleghany this summer. Tuition may be rolled over to next summer (no refunds will be given).
- Term Campers will need to obtain two follow-up PCR tests, taken at least one day apart. Two negative PCR tests will overrule a positive rapid test. Once two negative tests

results are obtained, she may come to camp, and will still need a rapid test on her arrival day. If her PCR tests are positive, she will not be able to attend Alleghany this summer. 50% refund will be given in this case, and the other 50% tuition may be rolled over to next summer.

Alleghany's Recommendation

If you are worried about a surprise positive test leading up to Opening Day, we highly encourage you to have your camper **take a PCR test 10-14 days prior to Opening Day**. This highly sensitive test can detect a past COVID infection up for up to 90 days. Many young people present asymptomatic and may not have known they were infected. This is not a requirement, but a strong recommendation to prevent a surprise on Opening Day.

Opening Day

Parents and families *will* be allowed in camp on Opening Day this summer. **Parents must remain in outdoor areas** except for use of the bathrooms. The Camp Store is the only other exception, and capacity inside will be limited on Opening Day.

Last summer's Opening Day was very smooth without parents/guardians in camp, so if parents prefer to drop their campers off in the Parking Lot, we will accommodate your camper accordingly. For the absolute best success, we actually encourage this! (Note: Closing Day will remain the same as last summer in that parents will pick their campers up in the Parking Lot).

Any family member wishing to come in to camp must take their own rapid test that day and show proof of negative test prior to entering camp. You must take it that morning at home or in the car, and must sign [this statement](#) for anyone coming into camp (one per person).

Please watch [this video](#) on how to present your COVID test results on Opening Day.

Out of Camp Trips

At this time, we're planning to move forward with all of our out-of-camp trips, keeping them to outdoor-only activities.

This includes:

- Upstarts Night Out (likely attending an outdoor live music event, plans TBD)
- The Leaders-In-Training (LIT) backpacking trip, service trips, and visit to another camp (outdoor only)
- Activities with Camp Greenbrier, again outdoors only

We'll monitor the situations very closely and if there is any doubt that these events may be unsafe, we'll cancel or reschedule them. We'll monitor the transmission level in Greenbrier County before proceeding, and will update parents/guardians with any changes to these events.

Food Service

We will again welcome [Wolfoods](#) as our Food Service Provider this summer. Campers and staff will wash hands prior to entering the Dining Hall, and hand sanitizer will be available on all tables, including at the salad bar. Like last summer, fans will be in each window facing outward, to draw air out of the Dining Hall and provide extra ventilation.

Lodging

At this time, we will not have any COVID restrictions in place regarding our tents, as they are open air and technically outdoors. Most campers choose to sleep with at least two tent flaps open, and may choose to sleep with all four open for further ventilation if they prefer. Sleeping spaces are arranged to allow for at least 30 inches of separation between beds.

Bathrooms and Showers

Common areas like bathrooms and showers will be thoroughly cleaned and sanitized on a regular basis.

Programming

Again, most of our programs and Activities are outside or in open air settings already. The program staff will monitor the sanitation of supplies, and will sanitize equipment and supplies on a regular basis.

Face Coverings

Camp Alleghany will not require our campers and staff to wear masks at camp, but campers and staff may of course choose to do so if they prefer. Regardless, campers need to bring 2-3 cloth masks stored in a ziplock bag in their trunk in case we have to shift protocols mid-term.

Staff

Staff must follow the same testing procedures listed above, with a PCR test 72 hours prior to arrival, and a rapid test on arrival day. Staff are encouraged to be vaccinated, and those who do not have the COVID-19 vaccine must take a test at two or three points during the summer as part of our ongoing monitoring.

Staff Time Off

At this time, Staff Counselors will be permitted to engage in normal off-grounds time off, as they did last summer. Staff who do not have the COVID-19 vaccine will be encouraged to dine outdoors only when out of camp. We'll again monitor the transmission level in Greenbrier County and change plans accordingly if necessary.

Changeover for Full Term Campers and LITs

At this time, Full Term campers and LITs will be permitted to leave camp with family members on Changeover if families choose to visit. We require all visiting family members to take a PCR test 72 hours prior to coming to camp (on Wednesday, July 13) as well as a rapid test that morning prior to arrival at Alleghany, along with the [signed statement](#). If anyone in the family tests positive, please do not come to camp.

Any family member that has been exposed to COVID prior to Changeover, please do not come to camp. We'll again monitor the transmission level in Greenbrier County and change plans accordingly if necessary.

Symptomatic Campers or Staff, Testing, Quarantining

Should a camper or staff member develop symptoms, our medical team will treat the individual and determine if a test and/or quarantine are necessary. Camp Alleghany will have a stock of rapid tests on hand, and will have access to PCR tests in town if necessary. As part of this summer's Packing List, campers must bring a 2-pack of rapid tests with them, labeled with their name on them.

A separate quarantine area adjacent to the Infirmary is in place for use if needed.

Like last year, our Medical Staff will visit each situation on an individual basis, assessing whether the camper typically has these symptoms as associated with something else (allergies, asthma, diet, etc), or if the camp environment is contributing to the symptoms (e.g. dehydration, diet/eating habit changes, well water, etc). Unexplainable symptoms or symptoms that persist for several hours will trigger our response protocol.

Symptoms include the following, not explained by a known or diagnosed medical condition:

One of the following

- Fever of 100.4 degrees or above
- Shortness of breath
- New cough
- Loss of taste or smell

Or two of the following

- Diarrhea/Vomiting/Nausea
- Body Aches
- Headache
- Sore throat
- Extreme Tiredness/Fatigue
- Chills
- Congestion or Runny Nose

Positive Case of COVID-19 in Camp

Should a camper tests positive for COVID-19, we will isolate her, contact her parents, as well as the parents of those campers in her tent. The camper with the positive test will be picked up by a parent or guardian. Her tentmates will be tested, and if they are positive the same protocol will result; if they are negative, we will test them again 2 days later.

We will consult [the current CDC guidelines for quarantining, exposure, and number of days to be away from camp](#) as well as guidance from the [West Virginia Department of Health and Human Resources](#), and the [American Camp Association](#), all trusted and well-respected sources.

Each case will be handled on an individual bases, and vaccination status will be considered.

No refunds will be given for missed time due to COVID this summer, but prorated tuition may be rolled over to next summer.